



Fussballclub Flawil

Trainingsplan 2024 / 25

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|-------------------|---|---------------------------------------|-----------------------|----------------------|
| Montag | F | (Simone Grey) | Kunstrasen | 17:30 – 18:45 |
| | Ca B | (Christian Alder) (Altin Mjekiqi) | Kunstrasen | 18:45 – 20:15 |
| | Db | (Luigi Perrino) | Trainingsplatz | 18:45 – 20:15 |
| | Flawil 1 | (Reto Knaus) | Naturrasen | 19:00 – 20:30 |
| | A Flawil 2 | (Ennio Caputo) (Franco Ciardo) | Kunstrasen | 20:15 – 21:45 |
| Dienstag | Eb Ec | (Alexander Kugler) (Alex Jaksch) | Kunstrasen | 17:30 – 18:45 |
| | Ea Torhüter-Training | (Christian Teixeira) (Viktor Bodi) | Trainingsplatz | 17:30 – 18:45 |
| | Cb Dc | (Lucien Brunner) (Hans Barth) | Kunstrasen | 18:45 – 20:15 |
| | Da | (Roman Gähler) | Trainingsplatz | 18:45 – 20:15 |
| | Flawil 1 | (Reto Knaus) | Naturrasen | 19:00 – 20:30 |
| | Damen Senioren 30+ | (Marcos Palacios) (Luca Eisenhut) | Kunstrasen | 20:15 – 21:45 |
| | Senioren 50+ | (Thomas Eisenring) | Botsberg | 19:30 – 21:00 |
| | Ehemalige | (Felix Weber) | Enzenbühl | 19:00 – 20:30 |
| Mittwoch | F | (Simone Grey) | Kunstrasen | 17:30 – 18:45 |
| | Db B | (Luigi Perrino) (Altin Mjekiqi) | Kunstrasen | 18:45 – 20:15 |
| | Ca | (Christian Alder) | Trainingsplatz | 18:45 – 20:15 |
| | Flawil 3 SC Steinemann | (Pedro Huber) (Marco Bruggmann) | Kunstrasen | 20:15 – 21:45 |
| Donnerstag | G | (Guli Carlot) | Kunstrasen | 17:00 – 18:30 |
| | Ea Ec | (Christian Teixeira) (Alex Jaksch) | Kunstrasen | 17:30 – 18:45 |
| | Eb Torhüter-Training | (Alexander Kugler) (Viktor Bodi) | Trainingsplatz | 17:30 – 18:45 |
| | Cb Da | (Lucien Brunner) (Roman Gähler) | Kunstrasen | 18:45 – 20:15 |
| | Dc | (Hans Barth) | Trainingsplatz | 18:45 – 20:15 |
| | Flawil 1 | (Reto Knaus) | Naturrasen | 19:00 – 20:30 |
| | A Flawil 2 | (Ennio Caputo) (Franco Ciardo) | Kunstrasen | 20:15 – 21:45 |
| | Damen | (Marcos Palacios) | Trainingsplatz | 20:15 – 21:45 |
| Freitag | Da Torhüter-Training | (Roman Gähler) (Viktor Bodi) | Kunstrasen | 18:00 – 19:15 |